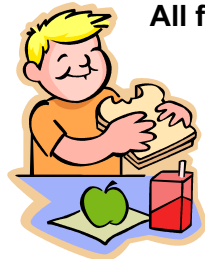


SILKSTONE STATE SCHOOL TUCKSHOP MENU AS OF 23 April 2019

(Prices subject to change without notice)

Tuckshop Days – Monday to Friday

SANDWICHES	WRAPS	DRINKS/DAIRY	HOT FOOD
(Wholemeal bread only) 1 sandwich = 2 slices of bread)			
Cheese 1.70	Salad 2.90	Spring Water 1.80	*Snack Beef Pie 2.20
Vegemite 1.70	Ham & Salad 3.40	*Milk – Plain 500ml 2.00	*Sausage Roll 3.00
Egg 1.90	Tuna, Lettuce & Mayo 3.20	*Milk – flavoured 2.40	*Sauce - Tomato .30
Egg & Lettuce 2.10	Tuna & Salad 3.50	(Chocolate, Strawberry)	*Sauce – BBQ .30
Salad 2.20	Chicken, Lettuce & Mayo 4.00	*Hot & Cold Milo 1.60	*Pizza Single 2.90
(Lettuce, tomato & carrot)	Chicken & Salad 4.40	Yoghurt – Low Fat 2.20	*Hot Dog with sauce 2.30
*Ham 2.20	<u>SALAD BOXES</u>	<u>MISCELLANEOUS</u>	*Chicken Burger 3.50
Ham & Salad 2.70	(Lettuce, Tomato, Carrot, Beetroot & Cheese)	*Popcorn .90	(chicken pattie/lettuce/mayo)
Tuna 2.30	Salad Box 3.10	*Cheese Sticks 1.00	*Hamburger 3.50
Tuna & Salad 2.80	Egg & Salad Box 3.60	Boiled Egg .50	(meat pattie/lettuce/tomato/sauce)
Chicken 3.10	Ham & Salad Box 3.60	*Crackers & Cheese 1.00	*Chicken Nuggets & Salad 3.20
Chicken, Lettuce & Mayo 3.30	Tuna & Salad Box 3.70		*Lasagne 4.00
Chicken & Salad 3.60	Chicken & Salad Box 4.30	<u>BAKERY ITEMS</u>	*Macaroni Cheese Pasta 3.50
<u>ROLLS (White only)</u>	<u>EXTRAS</u>	*Choc Chip Cookie 1.90	<u>ICE BLOCKS</u>
Cheese 2.20	Egg .50	*Chocolate Cake 1.20	Available for sale over the counter at 1.30 p.m. break only.
Vegemite 2.20	Tomato .20	*Vanilla Cake 1.20	Prices start from 50cents
Egg 2.40	Lettuce .20	* Chocolate Chip Biscuit .50	
Egg & Lettuce 2.60	Carrot .20		SEE REVERSE FOR WEDNESDAY ONLY MEAL DEALS
Salad 2.70	Beetroot .20		
*Ham 2.70	Cheese .20	<u>FRUIT</u>	IMPORTANT MESSAGE
Ham & Salad 3.20	Onion .20	Apple Slinky .60	Only Iceblocks and Blizzard frozen drinks will be sold over the counter at second break (i.e. 1.30 p.m. only)
Tuna 2.80	Mayo .20	Seasonal Fruit .70	
Tuna & Salad 3.30	Toasting .20	Fruit Salad 2.00	
Chicken 3.60	Sauce – Tomato .30	Fruit Salad & Custard 2.20	
Chicken, Lettuce & Mayo 3.80	Sauce – BBQ .30		ALL other items MUST be ordered via the bag system
Chicken & Salad 4.10	Fork/spoon .05		



All food supplied by the Tuckshop meets the 'SMART CHOICES' guidelines. Items marked with an asterisk * are in the AMBER category and should be CHOSEN CAREFULLY. All other items are in the GREEN category and should be ENCOURAGED.

N.B. White bags for 11.30 a.m. break (main eating time) & brown bags for 1.30 p.m. break (snack).

Please have orders to the tuckshop by 9.00 a.m. daily.

No over the counter sales at 11.00 a.m. break and only ice blocks & blizzard sold at 1.30 p.m.



WEDNESDAY ONLY MEAL DEALS

Ham & Salad Sandwich Meal Deal

1 Ham & Salad Sandwich
1 Spring Water
1 Apple Slinky

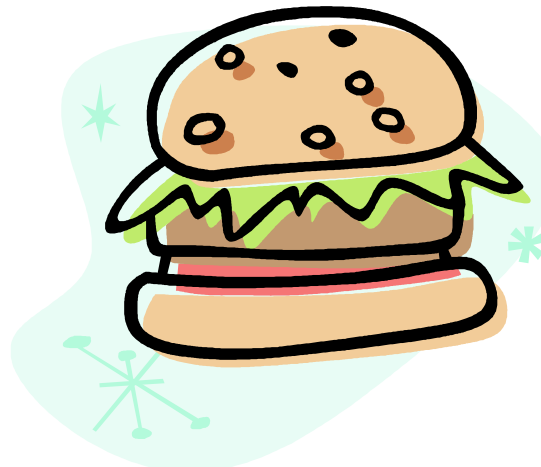
\$4.70



Chicken Burger Meal Deal

1 Chicken Burger
1 Spring Water
1 Apple Slinky

\$5.50



Chicken & Salad Sandwich Meal Deal

1 Chicken & Salad Sandwich
1 Spring Water
1 Apple Slinky

\$5.70

