SILKSTONE STATE SCHOOL TUCKSHOP MENU AS OF 24-05-2023
(Prices subject to change without notice) Tuckshop Days - Monday to Friday

| SANDWICHES |  | SNACK ATTACK |
| :---: | :---: | :---: |
| Tuna | \$4.00 | *Popcorn \$1.00 |
| Vegemite | \$2.50 | Apple Slices \$1.20 |
| Cheese | \$3.00 | Boiled Egg \$1.00 |
| Ham and Cheese | \$5.00 | Cheese Stick \$1.20 |
| Egg | \$4.00 | Fruit Salad \$2.50 |
| Salad | \$5.00 | Fruit Salad \& Custard $\quad \$ 2.80$ |
| Add Chicken | \$2.00 | *M\&M Cookie \$1.40 |
| Add Ham | \$1.50 | *Muffins \$1.20 |
| Rolls Extra | \$1.00 | Fruit \$1.20 |
| Wraps Extra | \$1.00 | Yoghurt \$2.30 |
| Toasting Extra | \$0.50 | Cheese and Crackers \$2.50 |
| HOT FOOD |  | Snack Box \$4.00 |
| *Cheeseburger | \$5.00 | Cherry tom, egg, cucumber, cheese, crackers |
| *Chicken Burger | \$5.50 | NOURISH BOWLS |
| *Hamburger | \$5.50 | Chicken Caesar Salad \$8.50 |
| *Hot dog | \$3.50 | Salad Bowl $\quad \$ 6.00$ |
| *Nuggets \& Salad | \$4.50 | Add chicken \$2.50 |
| *Jaffle (baked beans or Spaghetti) | \$4.00 | Add ham/tuna \$1.50 |
| *Garlic Bread | \$2.00 | Add cheese \$1.00 |
| *Mac \& Cheese | \$5.00 | MEAL DEALS Wednesday ONLY |
| *Lasagna | \$5.00 | Jaffle, fruit \& popper $\quad \$ 7.00$ |
| *Pizza | \$4.00 | Cheese burger, fruit \& popper \$8.00 |
| *Sausage Roll | \$3.00 |  |
| Corn Cob | \$1.50 | Variety of ice blocks |
| Tomato/ BBQ Sauce/Mustard DRINKS | \$0.50 | $\begin{aligned} & \text { From \$0.50 } \\ & \text { (Year 1-6 only) } \end{aligned}$ |
| *Flavoured Milk |  | Slushies \$2.00 |
| Chocolate/ Strawberry | \$2.50 | $\square$ |
| Water | \$2.20 |  |
| Juice |  | 9 - |
| Apple/Orange | \$2.50 | Ll |
| Apple/Black Current | \$2.50 |  |

All food supplied by the Tuckshop meets the 'SMART CHOICES' guidelines.
Items marked with an asterisk * are in the AMBER category and should be CHOSEN CAREFULLY. All other items are in the GREEN category and should be ENCOURAGED.
White bags for 11.30 am . break (main eating time) \& brown bags for 1.30 p.m. break (snack). Please have orders to the tuckshop by 9.00 a.m. daily.

No over the counter sales at 11.00 a.m. break and only ice blocks \& slushies sold at 1.30 pm

- Order online @ https://www.munchmonitor.com/ Username: silkstoness
- Password: munch4304
- Click "sign up" and follow the steps to create your account

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