



## From the Principal

Published by Richenda Wagener

### Welcome to our 2024 Prep Visits

Over the past few weeks we have the pleasure of meeting our Pre-Prep families during our Prep Orientation sessions. If you have not yet lodged your enrolment form for 2024, please do so immediately as we would love to see you at the final upcoming important events on Thursday 16 November (9:00-10:00am) and at our BBQ on Saturday 18 November (11:00-1:30pm). Our Meet the Teacher event will occur on Monday 4 December 1:00-1:30pm. For further information please contact our school office on 3437 2111.

### Intention of Enrolment and Class Placement Considerations

A reminder that these forms / online survey are now overdue. We have commenced working on class numbers, and are endeavouring to ensure that there is the correct ratio of staff for our 2024 enrolments. Please return these forms / survey information immediately if you have not done so.

### Respectful behaviour at our school

We pride ourselves on working towards building respectful relationships between all stakeholders in our school; our students, our staff and our parents. With this in mind, we want to make sure we are all working together for your child, our students.

Our school day ends at 3:00pm, and whilst we welcome families on site, I ask that each adult is mindful of their behaviour and actions. Students are still engaging in learning activities up until the bell, and loud noise, and conversations that occur near classrooms are quite distracting. I ask that we work together in support of your children and that all adults are more conscious of the impacts that noise and behaviours have on our staff and students. I thank you as always for your ongoing support and appreciate that as a team we can all contribute to positive student outcomes in our great school.

### World Teacher's Day

This Friday 27 October is World Teacher's Day. We know that every day, Queensland teachers are making a difference educating and inspiring young people across our state.

World Teachers' Day is an opportunity to acknowledge our teachers and say thanks for the significant contributions they make in our classrooms and communities.

We will be acknowledging the great work of our teaching staff by holding a small celebration. Please take the time to thank the wonderful teachers we have here at Silkstone SS on this day.



## Kindness Corner

Teach children how to relate to and understand the feelings of others. Encourage them to see the world from another's perspective and to show kindness towards those who may be different from them.

Empathy is a crucial social skill that helps children connect with others, understand their feelings, and respond in a caring and compassionate way. Below are some tips on ways to develop your child's empathy or to keep track of their empathic development.

Pay attention to how your child interacts with others. Do they show concern when someone is upset? Do they try to comfort friends or family members who are in distress? These behaviours can be indicators of developing empathy.

Encourage your child to talk about how they feel and what they think about others' feelings and experiences. Ask open-ended questions that allow them to express their emotions and thoughts.

Role-play scenarios that require empathy can help children practice and strengthen their skills. For example, you could act out a scene where a friend is upset, and have your child practice responding with kindness and understanding.

Reading books that feature characters who exhibit empathy can be a great way to help children learn and understand the concept. Discuss the story and explore how the characters' actions relate to empathy.

When your child demonstrates empathy towards others, make sure to praise their efforts. Positive reinforcement can encourage them to continue to act with kindness and compassion.

Children learn by example, so be sure to model empathetic behaviour in your own interactions with others. Children are more likely to develop empathy when they see it in the people around them.

By tracking your child's empathy development, you can help them develop into kind and compassionate individuals who build positive relationships with others. With practice, encouragement, and positive reinforcement, your child can become more empathetic and better equipped to navigate the social world around them.

## Financial Literacy for your child

When you tap and pay

I cannot imagine what it is like for our children not to have cash in hand, in the way I did as a child. Banks would close on a Friday 3:00pm in our country town – no one had access to money over the weekend unless one was prepared and had cash at home. Now it is a tap and pay – some children not seeing cash frequently.

Explain that when you tap your card, it 'talks' to your bank who has your money in your bank account. When you tap to pay it uses money that you've made by working and saving. Each time you tap and pay, you have less money in your account.

There was a lovely house on Moggill Road that was for sale. My friends' daughter could not understand why her mother would and could not buy the house. Her daughter instructed her mother, "Easy – just go to the bank in the wall and take the money out!" If only it was that easy. Talk honestly about money, however, age-appropriately. This is another way to assist in setting your child up for success.

## Supporting your child's education

Active Learning! One of our school Values.

As educators, every day we endeavour to develop a love for learning. Through planning and deliberate pedagogical choices, we strive to spark a child's curiosity about the world by exploring your children's interests.

Developing a love of learning in small children is crucial for their lifelong growth and success. How can you help your child?

Create a stimulating environment

Be a Role Model

Encourage questions and curiosity

Make Learning Fun

Follow and extend your child's interests

Emphasise learning experiences in the real world

Encourage peer interaction and collaboration

Talk about their day, and what they have learned

Ask if your child has learnign goals

Read with your child, READ, READ, READ!

## PREP 2024

Welcome to all of our 2024 Prep students and their families. Please find attached Prep Transition date claimers.

Please note children born between 1 July 2018 and 30 June 2019 are eligible for Prep in 2024. If you have not collected an enrolment pack, we encourage you to do so urgently so your child can make the most of our transition days.



IT'S A Hop skip jump TO PREP AT SILKSTONE SS

Children born 1 July 2018 - 30 June 2019 are eligible for Prep in 2024!

2024 Prep Cohort - Silkstone State School

**Date Claimers:** **RSVP:** [scrc13@eq.edu.au](mailto:scrc13@eq.edu.au)

**'SKIP' Music Library Thursday 26 October 2:00pm - 3:00pm**  
• Join us for a fun hour of Music and Story Reading. RSVP required

**Parent Information Night Wednesday 1 November 6:00pm - 7:00pm**  
• Parent session where we talk about all things Prep (Ideally child free). RSVP required.

**'JUMP' Classroom 16 November 9:00am - 10:00am**  
• Join us in some activities in our Prep Classrooms . RSVP required.

**BBQ Saturday 18 November 2023 (11:00am - 1:30pm)**  
• Ideally, just our Preppies and a family member. RSVP required.

**T4W10 Meet the Teacher Monday 4 December 1:00pm - 1:30pm**  
• Your child will get to meet their teacher in their classroom. RSVP required

**CONTACT US** [scrc13@eq.edu.au](mailto:scrc13@eq.edu.au) (Deputy: Mr Crichton) 3437 2111

## From the Deputy Principal Years 3 - 6

Published by Shaida Rojc

Our school expectations below ensure that Silkstone State School is a safe, respectful and wonderful place to learn and play.



Please remind your child to:

Be in the right place, at the right time, doing the right thing.

Keep hands, feet, objects and comments to yourself.

Treat all adults and students in the school with respect.

Follow adult directions.

Be organised, ready and prepared to learn.

## KEEPING KIDS **SAFE**



**'Day for Daniel'** is a National Day of Action to raise awareness about child safety and protection and to promote a safer community for children.

All staff at Silkstone State School consider the protection and safety of all our students extremely important and we want all students to know, what to do if they ever feel unsafe at home, school, online or in public.

That is why all our students will be involved this Friday in 'Keeping Kids Safe' activities, aimed at empowering them to 'Recognise, React and Report' if they feel something is not right. or find themselves in an unsafe situation.

**PLEASE ENCOURAGE ALL YOUR STUDENTS TO WEAR RED ON THIS DAY** (no gold coin donation required )

**Parents, there is no time like the present to engage in a conversation about personal safety with your child.** Talking with your child about ways to stay safe will help them to develop life-long safety skills.

## THINGS TO REMEMBER

### TELL SOMEONE

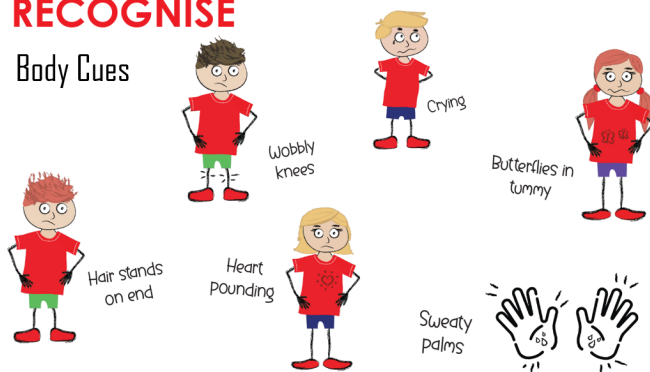
- ✓ Where you are going
- ✓ What time you will be home
- ✓ Who you are with
- ✓ If you change your plans



If you are unsure or feel unsafe, then it's ok to say no or break a rule to get away.

### RECOGNISE

#### Body Cues



### REACT



### REPORT

#### "I CAN GET HELP"



Create a Safety Team of adults and Organisations who you know will LISTEN TO YOU, BELIEVE YOU AND HELP YOU.

## PRACTICAL IDEAS TO HELP YOU ASSIST YOUR CHILD IN LEARNING HOW TO RESOLVE CONFLICTS

As much as we try to avoid it, conflict is a normal part of life. Parents can encourage the skills and attitudes children need to resolve the conflicts they face. Equipping your child with the strategies shared below will help them become more effective at resolving conflict and being a good friend.

### **Learning to Manage Strong Emotions:**

It is important that your child learn that yelling, or being physically hurtful, does not help to resolve conflict. Helping them learn simple strategies for remaining calm, such as taking a deep breath, or stopping and counting to ten is an important part of the process of effective conflict resolution.

### **Teach your child 'Active Listening':**

Being a good listener is also important. Helping children learn to listen to each other can be difficult, especially when they are very upset. Practice 'active listening' steps with your child, such as taking turns in speaking, focussing on the speaker by looking at them, nodding your head and concentrating on what they are saying.

### **Teach your child to disagree agreeably:**

Children can learn to respect others' opinions, even if they do not agree with them. Saying, 'I don't agree with what you said' is fine. Saying 'you're stupid to think that' is not. Help your child to recognise the value of using words and speaking nicely to solve conflict.

### **Help your child see others' strengths:**

If your child cannot seem to get along with others, it could be his/her attitude. A child who thinks of others in a negative way often acts that way towards them. The reverse is also true. Encourage your child to see a person's strengths instead of faults.

### **Encourage your child to talk to people they trust:**

Teach your child that it is okay to walk away when nothing else works, and that they should feel safe to come to you, or another trusted adult to seek assistance resolving difficult situations. Having somebody to listen can help calm him or her down, clear their mind and see situations more logically.

***You can help your child learn to resolve conflicts – but it is important to be a 'helper' and not a 'fixer'. Fixing your child's problems for him/her robs them of a chance to manage their feelings, think about others and discover that cooperation really works!***

***Helping children learn to manage conflict effectively will also help them to experience more fulfilling friendships and enjoy better social experiences, both at school and outside of it.***



Tuckshop Day will be held on **Friday, 3 November 2023**. It is a day to recognise and give a special thank you to all tuckshop workers and volunteers. It also highlights the important role tuckshops play in school life. Providing nutritious food and drinks means families can have one less task to worry about at the start of their day.

This year on Tuckshop Day, **Friday, 3 November 2023** students are encouraged to order tuckshop. Stacey will also be running a competition where 3 lucky winners will receive a little surprise pack as well as ‘zooper doopers’ for the class with the most tuckshop orders.





Thank you to all of our  
wonderful tuckshop staff  
and volunteers for all of  
the work that you do.



# From the Music Room

Published by Sam Berry

## Schedule of Rehearsals - Choir / Ensemble / Band

Monday	Band 8am (Instrumental Room - Ms Lewis)
Tuesday	Combined Choir 8am (Music Room - Mrs Berry)
Wednesday	Ensemble 8am (Instrumental Room - Ms Basso)
Thursday	Harmonies Choir 8am (Music Room - Mrs Berry)

## SAVE THE DATE - MUSIC CONCERT



Our end of year concert will be on:

When: Wednesday 15th November 2023

Time: 12.30pm-1.30-pm

Students who are involved in the Harmonies Choir, Combined Choir, Music Development Program, Junior and Senior String Ensemble, Concert Band and all Instrumental Lessons are invited to perform. Students must have been attending regular rehearsals to be eligible for performing. If you are unsure, please check with your music teacher.

## Instrumental Music for 2024

The recruitment process has been undertaken for students wishing to learn an instrument in 2024.

Letters of offer will be sent home to successful students during Week 6. These will be required to be signed and returned to secure your place in our elite music program.

Instruments will be handed out to successful students at the beginning of next year.

## Chappy Chat - Term 4 Week 4 2023

Published by Rebecca Hewett

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### Affordable Grocery Options

#### **Affordable Grocery Options**

The following organisations are available in Ipswich and provide grocery items and often other household items at low prices and some even to give away for free. These organisations often have Facebook pages with updates about what they have available and the days they are open for business. Check this before travelling to their location as items can sell out quickly.

#### [Tivoli Drive-In – 50 Coal Rd, Chuwar](#)

(07) 3812 0109

Food Co-op

Tuesday 10am - 2pm

Wednesday 10am – 2pm

Thursday 12pm – 6pm

\$10 membership per year (points system applies to products)

Proof of identification and address is required.

\$10 spend will receive free milk, bread, vegetables & fruit.

<https://www.facebook.com/ipswichhealthyhampers>

#### [Ipswich Foodbarn - 3496 1514](#)

1 Darling Street East, Woodend

Food Hampers (Cash/Centrepay)

Handling Fee \$30 Membership Fee \$5 (once only)

Open 9am – 2:30pm weekdays excluding Wednesdays

Hampers available from 12pm – 2:30pm

<https://www.facebook.com/IpswichFoodbarn>

#### [IPSWICH ASSIST – 3413 1070](#)

Call on Monday between 9am – 2pm (most appointments fill by 11am)

Appointments are on Tuesday

ReStore (groceries & household items)

Thursday 9-2pm

21 South Street, Ipswich Qld

\*all items are \$1 each, please bring your own bags

## Support Services in Ipswich

### *Support Services in Ipswich*

When you are feeling overwhelmed it can be difficult to work your way through challenges that you may be facing. Please contact the school office and ask to speak with someone, it can be hard to do, but we are all here to help.

#### [Salvation Army – 3812 2462](#)

Monday-Friday - 8am - 4pm

Can provide support with groceries & budgeting help.

#### [Mission Australia Ipswich - 3437 0900](#)

Monday - Friday - 8:30am - 5pm

Can provide support in various areas of parenting & living challenges.

#### [Family & Child Connect – Kumara 133 264 or 3281 3708](#)

<https://familychildconnect.org.au>

Monday – Friday 8:30am–5:30pm

16 East Street, Ipswich

Drop-in's welcome

#### [KAMBU – Ipswich - 3810 3000](#)

(some of their services include, clinic, children & family centre, social health, family participation program & specialist services)

32 Roderick Street, Ipswich

<http://kambuhealth.com.au>

Monday to Thursday – 8am – 4:30pm

Friday – 8am – 4pm

Saturday – 9am – 5pm

Sunday - closed

#### [ASK IZZY](#)

<https://askizzy.org.au>

This website is a free and anonymous search engine, which helps you to access the services in your local area, including housing, meals, financial assistance, family & domestic violence support, counselling and much more.

## Do you need to talk with someone?

### Do you need to talk with someone?

The following services are available to speak with over the phone or online.

Please reach out when you are feeling overwhelmed.

***\*\* ALWAYS CALL 000 if you or someone else is in danger \*\****

# Lifeline Australia - 13 11 14 - 24hours a day, 7days a week - <http://lifeline.org.au>

# KHL (Kids Help Line) 1800 55 1800 - 24hours a day, 7days a week - <http://kidshelpline.com.au>

(KHL is a service for 5-25 year olds)

# Parentline - 1300 30 1300 - <http://parentline.com.au>

# BEYOND BLUE - 1300 224 636

Three ways to contact us:

1. Call 1300 22 4636 - 24 hours a day, 7 days a week
2. Chat online 3pm to 12am (AEST) 7 days a week - <https://www.beyondblue.org.au/>
3. Email us: Get a response in 24 hours Email at: <https://www.beyondblue.org.au/>

# National Sexual Assault, Domestic Family Violence Counselling Service

1800 737 732 - 24hours a day, 7days a week - <http://www.1800respect.org.au>

# DV Connect 1800 811 811 - <http://www.dvconnect.org>

## Fortnightly Funny

Me, when my kid tells me  
she "cleaned" her room.



## How to Contact Chappy

Chappy is available at Silkstone Monday, Tuesday & Wednesday each week.

If you would like to speak with Chappy or are in need of support, please call the school office on 3437 2111 or alternatively you can send an email to [rebecca.hewett@suchaplaincy.org.au](mailto:rebecca.hewett@suchaplaincy.org.au)

Chappy works across 2 schools over 5 days a week and will make contact with you as soon as is possible.

Small and personal, only 1 room per age

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SCHOOLS**

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**FREE TENNIS COACHING SESSION**

**AND A \$50 CREDIT ADDED TO YOUR BLTC ACCOUNT ONCE YOU SIGN UP FOR THE TERM**

Are you interested in Tennis or would like to see if this is the game for you? We are the new coaching team at the George Alder Tennis Centre in Ipswich and we are looking for the next big tennis star.

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[www.bltc.com.au](http://www.bltc.com.au) | 0450 622 307



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